

# Hub Calendar Program Descriptions

## After School Program / Summer Camp

The overall theme of the After School Program is to connect the child locally and globally with her/his environment. This will be done through healthy living using crafts, food, recreation and gardening. The one week summer camp (an extension of the After School Program) is where the children will learn to cook and eat healthy foods, as well as having local partners add to the comprehensiveness of the camp by offering what they do best (i.e. the Halton Hills Pool will host an afternoon basic survival swim class with certificate; the Library will offer a movie in the afternoon, Conservation Halton will teach us about local birds of prey, etc.)

These programs target the 6-12 year age group as there seems to be a gap in service/programs in our area. We also try to target kids who don't get summer camp/program opportunities. For more information please visit <http://www.ourkidsnetwork.ca/hubs/acton/contact.shtml>

## Calling New Parents / Prenatal Nutrition Support Program

Are you pregnant or have a baby under 6 months old? Come join the Acton Calling New Parents and Prenatal Nutrition Program! Join us from 12-2pm every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month and learn about how to have a healthy pregnancy and care for your baby. Talk to a dietitian and a nurse, enjoy a healthy snack, and get free grocery store gift cards! For more information please visit [http://www.halton.ca/health/services/baby\\_parent/calling\\_new\\_parents.htm](http://www.halton.ca/health/services/baby_parent/calling_new_parents.htm)

## Child Care Subsidy

A Caseworker for Child Care Subsidy is at the Hub twice a week. Financial assistance with the cost of child care is available to families who are working, attending school or looking for work.. Eligibility for financial assistance is based on your family's income. Call Coordinated Intervention Services at 905-825-6000 and ask for Intake for Child Care Subsidy for more information or to apply.

## Community Dinner at St. Alban's Church

The Acton Hub Team, in partnership with St. Alban's Church hosts a community dinner once a month. This dinner is open to everyone. The Acton Hub Team has 1-2 representatives come to each dinner and mingle with the crowd. The purpose is to be available to offer support, information and referral to services in the Acton community.

For more information about the dinner or the Acton Hub Team, please contact Alison, the coordinator of the Acton Hub. Email: [actonhub@ourkidsnetwork.ca](mailto:actonhub@ourkidsnetwork.ca) or call: 289-428-5097  
You can also contact St. Alban's Church. Tel: 519-853-2711

## Coordinated Intervention Services

Halton Region Social and Community Services - Intervention Services is pleased to have an Intervention Services Caseworker located at the Acton Hub on a bi-weekly basis. This Caseworker can provide consultation and Intake for clients and will be able to link them to services for children, youth and their families. Intakes can be completed for child care subsidy, children's developmental services, and services for youth. Information and referrals can be made for financial assistance including Ontario Works, low income programs, subsidized housing applications, emergency shelter and our Housing Help Centre. Individuals are invited to visit the Hub for more information or call Halton Region at 905-825-6000 or 1-866-442-5866 and ask for Intake.

## Family Storytime

This free 30 minute program for grownups and young children to enjoy together includes stories, music and lots of fun. You don't need to register for Family Storytime - just drop in!  
For more information contact the library: 905-873-2681

## Food for Life

The Acton Hub in partnership with the Bethel Church runs this program out of the Bethel Church, once a week and is about bringing good, safe and nutritious food and giving it to those in need in our community. Food for Life collects baked goods, produce and occasional meats and dairy products from local supermarkets and other suppliers. Their emphasis is on fresh food that can be delivered quickly to those in need.

For more information please contact 905-510-5724 or email: [info@foodforlife.ca](mailto:info@foodforlife.ca)

## Fresh Food Box

The Halton Fresh Food Box is a non-profit fresh produce buying service operated by and for our community. We choose locally grown fruits and vegetables whenever possible. Boxes are ordered and paid for at least 11 days in advance, and delivered to the hub on the fourth Tuesday of each month. A family-sized box is \$17, and a smaller box is \$13. For more information visit <http://choices4health.org/pages/Projects/Halton+Fresh+Food+Box>

## Girls Inc – Discovery Leadership & Friendly Peersuation

Discovery Leadership's aim is to help girls 9-11 years celebrate women as leaders and heroes and find leadership opportunities for themselves in the community.

Friendly Peersuation's focus is to assist girls with increasing their self-esteem, to teach them leadership skills, respect, conflict resolution and to empower them. Toward the end of the program they learn about mentoring so they can then go on and be a mentor to other girls. For more information please email: [girlsinhalton@aol.com](mailto:girlsinhalton@aol.com)

## Junior Achievement – The Company Program

The Junior Achievement Company Program provides an opportunity for high school students to collaborate with professional volunteer consultants to design, organize and operate a real business over the course of 22 weeks. Students receive hands-on, real-world experience about how a small enterprise functions which offers new possibilities for the next generation of successful start-ups. For more information about Junior Achievement, check out [www.jacan.org](http://www.jacan.org) or contact the Halton Hills Chamber of Commerce at [www.haltonhillschamber.on.ca](http://www.haltonhillschamber.on.ca)

## Literacy North Halton

The Literacy North Halton Read\*Spell\*Write tutoring program helps adults in the community who would like to improve their reading, writing, spelling, basic math and basic computer skills. We offer free assessments and personalized programs to meet the individual needs of each adult. We also offer academic upgrading for adults looking to gain entrance into post-secondary college and apprenticeship programs through our Sheridan ACE (Academic and Career Entrance) program. Part-time daytime and evening programs are available.

For further information, please contact us at (905) 873-2200 or visit [www.literacynh.org](http://www.literacynh.org)

## The Network

This is a drop-in program which offers intake and prevention information, counselling, connecting clients with resources such as, immigration, Ontario Works and Ontario Disability assistance, support with food programs and other needs. This program is focused on outreach in the Halton area.

## Nelson Youth Centres

A group-based, after school program for adolescents between the ages of 14-17. There is also an identical program for children ages 10 – 12 years. These programs focus on addressing social and emotional issues through building self-esteem and improving social skills. Other issues addressed are friendship building, anger management, bullying, problem solving, communication, life skills and expression of feelings. Additionally, our goal is to link youth/children in their community with opportunities through volunteering and participation in Acton. For more information please contact 905-681-2611 or email -[Information@nelsonyouthcentres.com](mailto:Information@nelsonyouthcentres.com)

## Peer Outreach Support Services & Education (POSSE Project)

POSSE is a FREE service providing training, street level outreach, information and support to encourage safer decision making in reducing the risks associated with drug use, sex, homelessness, violence and discrimination. POSSE is a harm reduction and human rights project, run by youth for youth between the ages of 15-24, living in North Halton. To learn more and/or get involved please email: [info@posseproject.ca](mailto:info@posseproject.ca) or call: 519-853-5908

## Stay & Play

Program for Parents and Caregivers with Young Children!

Tuesdays and Wednesday (9:15 am to 11:15 am)

Children from 0 to 6 years old play with other young children. Chat with other parents while you enjoy books, puzzles, creative art, story time, snack and more with your kids!

Bring your questions about parenting and child development. Bring a friend and join us!

For information call 519-853-2574 or visit <http://www.links2care.ca/children.html>

## ROCK's Youth Aiding Youth – Social Club & Summer Camp

The purpose of the group is to offer a positive social environment for the children within the school. The group will be for children who are feeling isolated during lunch and recess, who have no one to talk to, who are getting bullied/picked on at the playground, who make poor social choices during recess, they have difficulty making new friends or lack the self confidence to maintain friendships. The groups will consist of 10-12 children and every week there will be a topic to discuss. All of the topics are issues that children face at school every day.

Every week the children will be completing activities and will be given relevant handouts. At the end of the 6 weeks a folder will be sent home with each child with all of the program material along with a brief summary how they did in group. This will assist the parents to continue with the teachings in their own homes.

It is our hope that through this program, more children will understand the importance of a positive self image and learn life skills necessary for healthy relationships. For more information go to:

<http://www.youthaidingyouth-rock.com/>

Or contact: Kelly Giuliani, Youth Aiding Youth, Program Supervisor, with any questions.

Phone #: 905-639-2800 Ext. 224 Email: [kellyg@rockonline.ca](mailto:kellyg@rockonline.ca)