



Media Release

For immediate release

January 19, 2012

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Halton Parenting Directory, January to September 2012

Now Available!

Information and programs help parents strengthen skills and gain knowledge

Burlington, Ontario – The [Halton Parenting Directory](#) is a comprehensive listing of parenting programs and workshops aimed at helping parents and other caregivers access learning opportunities, support and information. Produced by Our Kids Network, the directory covers January to September 2012 and is available online at www.ourkidsnetwork.ca. Printed copies will also be delivered to families through school boards and community agencies mid-January.

Over 130 programs, workshops and seminars are listed ranging from courses for expectant parents to discussion groups for parents of teens. Although the programs are primarily geared to strengthening and enhancing parenting knowledge and skills, there are some listings for children and youth workshops and courses.

“We want to do our best for our children and help them grow up to be caring and responsible. The Halton Parenting Directory is full of information to help with expanding our knowledge and understanding of positive parenting, from pregnancy to coping with the teen years.” said Elena DiBattista, Director of Our Kids Network.

The Halton Parenting Directory is issued twice annually in January and September.

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Our Kids Network is a Halton-wide partnership of organizations and agencies serving children and youth. Guided by research, the network provides leadership for planning and integrating services and supports so all children thrive. www.ourkidsnetwork.ca