

Key Findings of the 2018 Kindergarten Parent Survey Data

In 2003, Our Kids Network (OKN) developed the Kindergarten Parent Survey (KPS) to survey parents of kindergarten students about the health, well-being and experiences of children and families in Halton. This survey allows us to examine important child outcomes at the population level. More information on page 2.

1: Halton Children are Healthy

94% are eating breakfast, and 77% eat fruits and vegetables 3 or more times a day.

2: Neighbourhood Cohesion

Neighbourhood cohesion has decreased since 2012. Just 23% of parents of kindergarten children in Halton report high levels of neighbourhood cohesion.

3: Serious Injury for Kindergarten Children

The rate of serious injury for kindergarten children is low (10%) It has remained relatively stable over the past 9 years.

4: Parenting Confidence

Parenting confidence has decreased since 2015. 60% of parents of kindergarten children feel very or extremely confident as a parent over the past 6 months, compared to 68% in 2015.

5: Levels of Time Stress

41% of parents of kindergarten children often or very often feel rushed and pressed for time. Higher levels of time stress are more likely for parents with incomes greater than \$100,000, or who were born in Canada.

6: Use of Community Programs

94% of kindergarten children have attended a recreational program in the past 12 months These are programs such as sports, swimming, skating, and just 1 in 3 have attended a children's program, such as drop-ins, Moms & Tots, Ontario Early Years Centre programs.

7: Nipissing Developmental Screen

Just over half of parents of kindergarten children (51%) have completed a Nipissing Developmental Screen on their child. This is an increase from 46% in 2012.

8: Physical Activity

40% of kindergarten students got the recommended one hour of physical activity every day in the past week. Boys were more likely than girls to be physically active daily.

More about the Kindergarten Parent Survey (KPS)

The KPS is completed every 3 years by parents of kindergarten-aged children. These parents have children attending kindergarten classrooms in both the Halton District School Board and the Halton Catholic District School Board.

This is the sixth cycle of the KPS. In 2018, 2681 parents participated, which is a response rate of 44%. In total, 14,717 families have participated in the KPS since 2003. The KPS allows us to examine some important child outcomes that are not measured in the [Early Development Instrument](#).

Who participated?

Description of Respondents	Number	Percent
Burlington	767	30%
Halton Hills	281	11%
Oakville	798	31%
Milton	712	28%
Household incomes more than \$100,000	1,038	76%
Household incomes less than \$50,000	73	5%
Have always lived in Canada	1,233	63%
Not born in Canada	724	37%
Speaks English in the home	1,579	81%
Have a university or graduate degree	1,303	69%
Two parent family	1,699	87%
Single or other family type	256	13%



Our Kids Network uses research and teamwork to improve the lives of children, youth and families by supporting the professionals who work directly with them. For more information, visit ourkidsnetwork.ca/research.