The Halton Youth Parent Survey (HYPS), developed and coordinated by OKN, focuses on parenting issues. All parents of Grade 7 and Grade 10 students in the Halton District School Board and the Halton Catholic District School Board were invited to participate. We heard from over 1700 parents in Halton. Details of who participated in the survey can be found in the detailed report at www.ourkidsnetwork.caprofessionals. Topics include parenting challenges and parenting supports. The survey also measures five categories of Family Assets.

Family Assets
The Family Assets were developed by the Search Institute® using comprehensive research and building on the Developmental Assets that relate to youth. In good times and challenging times, the assets are the everyday interactions, values, skills and relationships families can focus on to help them thrive. Children, teens, parents, and other family members all play a part.

Nurturing RELATIONSHIPS
Positive communication
Affectation
Emotional openness
Support for sparks

Establishing ROUTINES
Family meals
Shared activities
Meaningful traditions
Dependability

Maintaining EXPECTATIONS
Openness about tough topics
Fair rules
Clear expectations
Contributions to family

Adapting to CHALLENGES
Management of daily contributions
Adaptability
Problem solving
Democratic decision making

Connecting to COMMUNITY
Neighborhood cohesion
Relationships with others
Enriching activities
Supportive resources

The majority of parents surveyed face challenges during a child’s adolescent period.

Percentage of parents who reported eating family meals most days; including their child in problem solving; and having support with parenting, by grade of student.

Most parents surveyed want to learn more about parenting through multiple approaches.

In Halton, Family Asset levels decreased from Grade 7 to Grade 10 as children transition into secondary school. “Adapting to Challenges” saw the largest decrease, with 79% of Grade 7 parents demonstrated that asset, compared to 60% of Grade 10 parents.